

## Instructions to become FFT2 qualified - please follow the steps outlined below

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There are online and field-based components required to become NWCG FFT2 qualified. **All online components must be completed prior to the S130 field day training.** The online course takes approx. 30-40 hours to complete. It is recommended to set aside several dedicated sessions. Print and/or photograph completion records for each section and bring with you to the field training. Without the online coursework and Work Capacity Test complete **PRIOR TO THE FIELD TRAINING**, registrants will not be able to receive their final FFT2 certificate.

1. Make a “**FEMA SID**” number here: <https://cdp.dhs.gov/femasid> This will be necessary to log in and take the following two online courses and their final exams.
2. Take IS-100.C (1-2 hours) - click on “interactive web based course” on the right side of the page, take the course, and then take the final exam, accessed via a link below the course link on the course overview page. You will need your FEMA SID to access the final exam.  
<https://training.fema.gov/is/courseoverview.aspx?code=IS-100.c&lang=en>
3. Take IS-700.B (3-4 hours) - click on “interactive web based course” on the right side of the page, take the course, and then take the final exam, accessed via a link below the course link on the course overview page. You will need your FEMA SID to access the final exam.  
<https://training.fema.gov/is/courseoverview.aspx?code=IS-700.b&lang=en>
4. Go to <https://wildlandfirelearningportal.net/> and select “log in” at the top right corner of the page. Select “create new account” and fill out the new account request form and submit. It may take up to several days for your account to be successfully created. For more help with this process, click [here](#). This account will be necessary to take the other three required online courses.
5. In your Wildland Fire Learning Portal account, take and complete the following online courses, found on the right hand side of the page:
  - a. S130 (online portion) - Firefighter Training (12-24 hours)
  - b. S190 - Introduction to Fire Behavior (6-8 hours)
  - c. L180 - Human Factors in the Wildland Fire Service (2-4 hours)

6. **Make sure to print and save digital versions of each certificate for all five online courses.**
  
7. Work Capacity Test: Prior to the field training, certification requires an “Arduous Pack Test,” which is a flat 3-mile walk with a 45-lbs pack in under 45 minutes, on flat ground. If you think you could do a fast walk with a full camping back-pack for 45 minutes, then you can do it! Please have a colleague or a friend time your pack test and fill out the form attached below (Make sure to write your time in minutes and seconds). Bring a completed, hardcopy in person on the day of the training. Feel free to inquire more about this if you have questions. Find Arduous Pack Test directions here:  
[https://www.fs.usda.gov/Internet/FSE\\_DOCUMENTS/fseprd489400.pdf](https://www.fs.usda.gov/Internet/FSE_DOCUMENTS/fseprd489400.pdf)
  
8. Bring hard copies of all online course certifications and a signed pack test form to your S130 field day training, complete the training required, and you should receive a signed certification indicating you meet all requirements to be Firefighter Type 2 qualified. Congratulations!

## Arduous Work Capacity Test (“Pack Test”) Verification Form

Date:

I verify that \_\_\_\_\_ (fire fighter trainee name) has successfully completed the arduous work capacity test as defined in the National Wildfire Coordinating Group document Work Capacity Test – Administrator’s Guide (walking 3 flat miles, wearing 45lbs, in 45 minutes or less) on the above listed date.

Location:

Time:

Signature of Witness:

Printed name of Witness:

Witness phone number:

Witness email:

**Please note:** The Arduous Pack Test is completed to prove a firefighter can handle the rigors of being on the fire line. With the safety of the firefighter themselves in mind, we ask that everyone be honest in completion of this task. Thank you.